



# HALLOWEEN TRADITIONS

## Irish Halloween Bread



MANY HALLOWEEN TRADITIONS CAN BE TRACED BACK TO IRELAND. ONE HALLOWEEN TRADITION THAT MAY BE LESS WELL KNOWN OUTSIDE OF IRELAND IS BARMBRACK.

THIS YEAST BREAD IS SOAKED IN TEA AND MADE WITH DRIED FRUIT ALL YEAR ROUND, BUT FOR HALLOWEEN THE BAKERS ADD TRINKETS TO THE BREAD. FINDING ONE OF THE TRINKETS IS SUPPOSED TO PREDICT YOUR FUTURE.

**What does finding each symbol listed below mean?**

**Pea -**

**Matchstick -**

**Piece of Cloth -**

**A Coin -**

**A Thimble -**

**A Ring -**

**CITE YOUR SOURCES:**

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